



Cheer Team Information Package

Welcome!

Your athlete has expressed interest in the Coalbanks Cheerleading Program for the 2022/23 Season. The purpose of this document is to ensure each family clearly understands and accepts all obligations and other important expectations and requirements of the cheerleading program. This document also provides a brief summary of policies.

Program Director

Samantha Paradee Bus. Ph : 403-328-3990 email: sam@peakelitecheerleading.ca

Teacher Advisor

Joey Gentile email: joey.gentile@lethsd.ab.ca

Coaches

Grade 1 (Hiss) Primary Beginner : Alissa Van Diemen & Alyssa Poole

Grade 2 (Slither) Primary Novice : Samantha Paradee & Samantha Grant

Grades 3-5 (Venom) Elementary Novice : Mackenzie Sokolowski & Skylah Gillespie

Mandatory Practice Times

September 13th 2022 - April 18th 2023

- Tuesdays 3:30-4:50pm Grades 3-5 (Venom)
- Thursdays 3:30-4:50pm Grade 1-2 (Slither & Hiss)

Coach Samantha Paradee owns Peak Elite Cheerleading, an All Star Cheerleading facility and due to both the time management of our volunteer coaches and the opportunities practicing in a fully equipped facility provides; the Coalbanks cheer team will spend time practicing both in the gym at Coalbanks and offsite at Peak Elite Cheerleading. All practice locations will be communicated weeks in advance.

Tentative Peak Elite Cheerleading facility training days - Oct 22 & Nov 5 (mornings)

Financial Obligations

DUE DATE	DESCRIPTION	AMOUNT
Sep 20	Payment 1	\$155
Oct 20	Payment 2	\$155
Nov 20	Payment 3	\$155

The entire program including competition fees, practice gear and competition gear is \$465.00. All transactions are through School Cash Online.

We also support and assist qualifying families to apply for Jumpstart & Kid Sport Subsidies.

We go above and beyond to assist and ensure every athlete can participate in this program should there be any financial barriers.

- Tumbling is recommended but not mandatory for Coalbanks athletes. Athletes can choose a weekly class, clinics or semi-private lessons at Peak Elite Cheerleading throughout the year.
- Cheerleading shoes are not included in registration fees. Shoes will need to be purchased by families as there are many price points and options. Shoes must be cheerleading shoes, completely white and can be purchased at many locations online. You may also purchase shoes at Peak Elite Cheerleading. Nike free, converse, vans style shoes and aggressive treads are not permitted as competition footwear.

Mandatory Performance & Competition Dates

- All competitions and performances are listed below.
- Ticket prices and purchase deadlines will be announced by email as dates approach.
- Families are responsible for the transportation of their athletes to and from competitions.
- Athletes will have the opportunity to perform their routine prior to competition at our Peak Elite Cheerleading Showcase.

Event	Comp. Date	Location
Gym Showcase	Late Nov	Enmax Centre, Lethbridge
Imagine Cheer & Dance Championships	Feb 4	Winsport (COP), Calgary
Stampede City Showdown	March 25	Mount Royal University, Calgary
ACA Provincial Championships	April 13	TBA - Max distance : Edmonton

** Pep Rally date will be confirmed prior to Christmas break!

Mid Season family travel and absence from practice

- We respectfully request that families do not take holidays during our competitive months of September through April, with the exception of Christmas break and Reading week.
- If you will be absent from a practice the program director/coach must be **verbally contacted directly or emailed**.
- **If an athlete is scheduled to miss multiple practices** during Sep-Apr, that athlete is not eligible for participation in the cheerleading program. Absences will result in athletes being placed in new positions, choreography, stunts and/or formations. The team will run practices in the most effective way possible when an athlete is missing, putting the team's needs before the absent athlete's needs.

Athlete position changes and team level changes

- Throughout the season coaches will make changes to routines for a variety of reasons. Athletes should expect this and be prepared for their roles within a routine to change.
- Coaches also reserve the right to change a team's competitive division during the season. This includes moving a team up or down a level.

Communication

- Every month the program director will email a calendar to parents outlining upcoming events, deadlines, etc.
- Other emails. Please ensure your email address is kept current.

**We are looking forward to the NEW Cheerleading Season with great anticipation.
Welcome to the Cobra Cheer Family!**