

Grade 5 Volleyball League 2023

26 teams with 12 schools represented

Games start at approx. 4:15 p.m. Please keep to this time to allow visiting teams to travel.

Teams will play in their region as much as possible, with minimal travel across the city.

The following rules & guidelines will be adhered to for all games in the Grade 5 Volleyball League. Please see the complete rules for more details.

- Teams will be coed, made up of girls and boys in grade 5.
- The focus will be on participation not competition. Schools will do their best to ensure that all players who want to play will be placed on a team.
- All players will play the same amount of time each set. Should some teams have additional players, all players on the team will play an equal amount of time.
- **The schedule structure will proceed as follows:**
 - ATOMIC volleyball play for Games 1 and 2
 - Triple Ball volleyball play for Games 3-7, and inclusive of the wrap-up tournament
- Teams will serve underhand over the net to start the rally
- **THREE PASS RULE FOR ATOMIC VOLLEYBALL (GAMES 1 and 2):**
 - There must be 3 compulsory passes before directing the ball over the net
 - First contact must be a pass.
 - Second contact may be caught or tossed.
 - Third contact is volleyed over the net.
- Game 3 is an optional Atomic Volleyball game, and will be at the coaches discretion.
- Teams “win” the rally in a variety of ways — the ball lands on the floor of the opposing side during the rally, the ball hits the wall, ceiling or out of bounds object, the ball goes out of bounds after hitting the floor, the ball hits the net or the player touches the net.
- Games will be divided into two 20-minute halves, with a 5 minute break between the sets. A warm-up period of 5 minutes may also be scheduled before the teams begin play.

<i>TEAM NUMBERS</i>	<i>SCHOOL</i>	<i>DISMISSAL TIME</i>
<i>ICE1, ICE2</i>	Immanuel Christian	3:10 PM
<i>LCS</i>	Lethbridge Christian	3:20 PM
<i>SB1, SB2</i>	Senator Buchanan	3:47 PM
<i>WM1, WM2</i>	Westminster	3:45 PM
<i>AD1, AD2</i>	Agnes Davidson	3:45 PM
<i>PL1, PL2, PL3</i>	Dr. Plaxton	3:50 PM
<i>LV1, LV2</i>	Lakeview	3:50 PM
<i>CB1, CB2, CB3, CB4</i>	Coalbanks	3:33 PM
<i>PRO1, PRO2, PRO3, PRO4</i>	Dr. Probe	3:30 PM
<i>MMH1, MMH2</i>	Mike Mountain Horse	3:45 PM
<i>NS</i>	Nicholas Sheran	3:48 PM



WEEK 1

Mon., Nov. 4		Wed., Nov. 6	
Home	Away	Home	Away
LCS	SB1	WM1	LCS
SB2	WM1	SB2	WM2
WM2 BY-WEEK		SB1 BY-WEEK	
AD1	NS	NS	CB1
PL1	AD2	CB2	MMH1
LV1	PL3	CB4	PRO2
PL2	LV2	PRO4	CB3
MMH1	PRO4	MMH2	PRO1
CB1	MMH2	PRO3	PL2
PRO1	CB2	PL3	AD2
CB3	PRO2	AD1	LV2
PRO3	CB4	LV1	PL1

WEEK 2

Wed., Nov. 13	
Home	Away
ICE1	SB1
SB2	ICE2
WM1	LCS
NS	LV1
LV2 BY-WEEK	
CB1	PRO1
PRO2	CB2
CB3	MMH1
MMH2	CB4
PL2	AD1
PL1	PRO3
PRO4	PL3
AD2	WM2

WEEK 3

Mon, Nov. 18		Wed., Nov.20	
Home	Away	Home	Away
ICE2	WM1	NS	PRO3
WM2	ICE1	AD1 BY-WEEK	
SB2	LV2	AD2	PRO4
LV1	SB1	LV2	CB4
LCS BY-WEEK		CB2	LV1
AD1	CB1	CB1	PL2
CB4	AD2	PL1	CB3
CB2	PL1	PRO2	PL3
PL3	CB3	PRO1	ICE1
PL2	PRO4	MMH2	ICE2
MMH1	PRO2	LCS	MMH1
PRO3	MMH2	WM1	SB1
PRO1	NS	SB2	WM2

WEEK 4

Mon., Nov.25		Wed., Nov.27	
Home	Away	Home	Away
ICE1 BY-WEEK		CB4	ICE1
LCS	ICE2	CB3	AD1
CB3	PRO1	AD2	CB1
PRO3	AD2	ICE2	CB2
AD1	PRO2	LV2	PRO1
LV1	PRO4	WM2	PRO3
MMH1	CB1	PRO2	WM1
NS	MMH2	PRO4	LV1
PL3	LV2	NS	SB1
PL1	SB1	PL1	MM1
SB2	PL2	PL3 BY-WEEK	
WM2	CB4	MMH2	PL2
CB2	WM1	SB2	LCS



Senator Buchanan
ELEMENTARY SCHOOL

