

2025-26 Cheer Team Information Package

Welcome to the Cobra Cheer Family! Your athlete has expressed interest in the Coalbanks Cheerleading Program for the 2025-26

season. This document is designed to ensure that each family clearly understands and accepts all important expectations and requirements of our scholastic cheerleading program.

Program Contacts

- Program Director: Samantha Paradee Phone: 403-328-3990 Email: <u>sam@peakelitecheerleading.ca</u>
- Program Administrator: Tiffany Garrett Phone: 403-328-3990
 Email: info@peakelitecheerleading.ca
- Teacher Advisor: Joey Gentile Email: joey.gentile@lethsd.ab.ca
- Coaches:
 - Grades 1-3 (Slither): To be Announced
 - Grades 3-5 (Venom): To be Announced

Mandatory Practice Times (September - April)

- Slither (Grades 1-3): Wednesday, 4:00-5:25 pm
- Venom (Grades 3-5): Wednesdays, 4:00-5:25 pm

Makeup days on Fridays when required Makeup days on Fridays when required

Practices are currently planned for Wednesdays, but may be adjusted to support school spirit and ensure students can participate in both cheer and other school sports like volleyball and basketball.

Due to high demand for the school's gym, there may be rare occasions when practices need to be moved to Friday or Saturday at the Peak Elite Cheerleading facility. The good news is that, as of now, no outside practices are required. However, if this changes during the season due to school gym availability, we will communicate any adjustments well in advance. Attendance at alternate practices will be mandatory. If this schedule does not work for your family, we understand — please contact us at info@peakelitecheerleading.ca to withdraw if needed.

Mandatory Parent meeting:

• Sunday, Sept. 14, 2025 at 6:30pm Via Zoom

Agenda & meeting link will be shared closer to date.

Financial Obligations

The total program fee is \$495.00, which includes competition fees, practice gear, and competition gear. Payments are handled through School Cash Online.

- Payment Schedule:
 - Sep 20: Payment 1 \$165
 - Oct 20: Payment 2 \$165
 - Nov 20: Payment 3 \$165

*Qualifying families may apply for Jumpstart & Kid Sport Subsidies. We encourage early application, specifying <u>Coalbanks Elementary Cheerleading</u>, NOT Peak Elite Cheerleading.

Additional Requirements

- **Tumbling Training:** Recommended but not mandatory. Options for weekly classes or semi-private lessons at Peak Elite Cheerleading <u>here</u>.
- Cheerleading Shoes & Navy Blue Shorts: Required but not included in the registration fees. Shoes must be completely white cheerleading shoes. Navy blue shorts must have a minimum 3" inseam, void of colorful or reflective stripes and logos. There are options with many price points found at merchants online and at Peak Elite Cheerleading. Cobra families are also welcome to check out the <u>Peak Elite Swap and Buy</u> group on facebook.

Note: Cobra cheer practice T-shirt, practice bow, competition top, and competition bow are included in the program fees. Athletes will be sized at their first practices and gear will be ordered and distributed as quickly as possible.

Mandatory Performance & Competition Dates

All competitions and performances are listed below. Spectator ticket prices and purchase deadlines will be communicated closer to the dates.

- Sign Sneak Peak: November 21, Visitlethbridge Arena(previously Enmax), Lethbridge
- Solution Cheer & Dance Championships: January 31- February 2, Calgary Winsport Centre
- Rise Up: March 14-15, West Edmonton Mall, Edmonton (tentatively)
 - > We only perform 1 day but will not know the day until closer to the event.
- * ACA Provincial Championships: March 20-22, Edmonton (tentatively)
 - > We only perform 1 day but will not know the day until closer to the event.

Mid-Season Family Travel and Absence from Practice

- Please avoid scheduling holidays during the cheer season (September-April), except during Christmas, Reading Week, and Easter Break.
- Absences may result in changes to the athlete's role within routines, stunts, and formations. Team needs will be prioritized over individual needs during practices.
- Notify us of any absences via email or private message to your coach as soon as possible.

Athlete Position Changes and Team Level Changes

- Coaches may adjust routines and athlete positions throughout the season. Athletes should be prepared for potential changes.
- Coaches reserve the right to change the team's competitive division, which may include moving the team up or down a level.

Communication

In addition to the emails mentioned above, we also use WhatsApp for communication among Cobra families, coaches, and team members. If you haven't used this app before, please visit **whatsapp.com/dl**, download the app and prepare your profile for the upcoming season. Group chat invites will be sent to Cobra Cheer families via email in early September.

READY TO REGISTER? Click here for the 2025-26 Cobra Cheer registration form.

Registration Form Link

We are excited about the upcoming cheerleading season and look forward to working with your athlete. Welcome to the Cobra Cheer Family!

September - December 2025 Schedule

Please note that practice days are subject to change. We will do our best to provide as much notice as possible for any adjustments. Unless otherwise communicated, all practices will take place in the school gymnasium.

Any changes to the schedule or practice location will be communicated by your coaches through your school's WhatsApp group.

		SEPTI	EMBER 20)25	ELEMENTARY S	CHOOL		LARY SCHOOL	OC	TOBER 202	5 🖉	OT THE TARY SCHOOL	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01	O2 BACK W	03	04	05	06				OI No Practice Equipment in the gym	02	03	04
07	08	09	10	11	12	13				- 1			
							05	06	07	08 <u>FIRST</u> CHEER PRACTICE	09	10 CHEER PRACTICE	11
14 Parent Zoom	15	16	17	18	19	20				4:00-5:25		12:00-2:00	
Meeting 6:00PM							12	13	14	15 CHEER	16	17 CHEER	18
21	22	23	24	25	26	27		No School		PRACTICE 4:00-5:25		PRACTICE 12:00-2:00	
							19	20	21	22	23	24	25
28	29	30 No School	31	Gymi	is being	used for				No School	No School	No School	
		4.6		§	evmnast	ics. ———	26	27	28	29	30	31	
						October.				CHEER PRACTICE 4:00-5:25			[



NOVEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						01
02	03	04	⁰⁵ CHEER PRACTICE 4:00-5:25	06	07 CHEER PRACTICE 12:00-2:00	08
09	10 No School	11 No School Tr	12 CHEER PRACTICE 4:00-5:25	13	¹⁴ CHEER PRACTICE 12:00-2:00	15
16	17	18	¹⁹ CHEER PRACTICE 4:00-5:25	20	21 CEAK SNEAK PEAK* ENMAX CEA	22
23	24	25	26 CHEER PRACTICE 4:00-5:25	27	28	29
30						





PARIA TO	
ELEMENTARY SCHOOL	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01	02	03	04	05	O6 CHEER PRACTICE @ Peak Elite 10:30-12:00
07	08	09	10 No Practice Christmas Concert	11	12	13 CHEER PRACTICE @ Peak Elite 10:30-12:00
14	15	16	17 CHEER PRACTICE 4:00-5:25	18	19	20
21	22	23	24 No School this we	25 ek	26	27
28	29	30	31 No School this we	ek		
	CHRISTMAS	BREAK Cam	p Available at	PEAK ELITE	9:00am-4	l:00pm

January - March 2026 Schedule

Please note that practice days are subject to change. We will do our best to provide as much notice as possible for any adjustments. Unless otherwise communicated, all practices will take place in the school gymnasium.

Any changes to the schedule or practice location will be communicated by your coaches through your school's WhatsApp group.





		MARCH 2026					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
01	02	03	04 CHEER PRACTICE 4:00-5:25	05	06	07	
08	09	10	11 CHEER PRACTICE 4:00-5:25	12	13 No School	14 RISE UP CHEER CHALLENG @ West Edmontor Mali	
15	16	17	¹⁸ CHEER PRACTICE 4:00-5:25	19	20	21 PROVINCIALS @ Edmonton	
22	23	24	25 Last Practice Celebration 4:00-5:25	26	27	28	
29	30	31					







ESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01	02	03	04
	08	09	10	11
	No School this we		30am-4:30	Dpm
	15	16	17	18
	22	23	24	25
	29	30	31	
		29	29 30	29 30 31